

## Prevocational GP Placement Program

AOGP has been involved with the Prevocational GP Placement Program (PGPPP) since its inception in 2004, and began delivery of this program in January 2005 across three urban and three rural training posts. South Australia was the first state to successfully include General Practice as a core rotation for Interns. In 2011, AOGP is responsible for 13 PGPPP training posts across our training region with junior doctors (Interns and post-graduate level 2 doctors) feeding in from five hospitals.

PGPPP is a federal government initiative, providing junior doctors with the opportunity to gain primary care experience in General Practice. The two key aims are to provide junior doctors with a quality education experience that will contribute to whatever specialty they pursue, but also to provide them with a direct General Practice experience that may encourage them to choose it as a specialty career.

**NAME** Dr Sebastian Rees

**ROLE** PGPPP

**PRACTICE/POST** PGPPP at Athelstone—Currently at QEHA on Orthopaedics rotation

**THE FIRST TIME I HEARD ABOUT AOGP WAS...** in 2010 when I began a PGPPP placement at Athelstone.

### A DAY IN YOUR LIFE

- Arrive 8.30 am
- Coffee with Supervisor checking what is coming up in the 'in box'
- Half-hour consults with regular discussion with Supervisor
- Working with the nurses, taking stitches out, administering vaccinations and watching procedures
- Lunchtime with Supervisor and nurses
- Half-hour consults til 5.00 pm
- Occasionally work on Saturday mornings, consulting by myself with discussion afterwards

**DRIVING FORCE** For me, Primary Care is a way of life. My dad is a rural GP at home in New Zealand and mum is a community health nurse. I like the relationships formed with people over time and not just treating them when they are acutely unwell.

**LOVE ABOUT YOUR DAY** I love talking and interacting with people as it is such a privilege to hear about their lives. I enjoy helping people and helping to ease someone's mind.

**DISLIKE ABOUT YOUR DAY** Delivering bad news and ward rounds—I really hate ward rounds.

**PERSONAL BIGGEST CHALLENGE** Moving to Australia from New Zealand and leaving family and classmates.

**PROFESSIONAL BIGGEST CHALLENGE** Starting as an Intern in a new country with a new health system.

**PERSONAL BIGGEST REWARD** I did an elective year in 2009 in Vietnam. It was such a great life experience—challenging and rewarding.

**PROFESSIONAL BIGGEST REWARD** Surviving Internship and getting into AOGP for GPT1 in 2011.

**WHAT MAKES YOU LAUGH?** My escape is comedy movies—Will Ferrell and Ben Stiller are two of my favourite comedic actors.

**FAVOURITE MOVIE AND ALBUM OF ALL TIME** Steven Spielberg's 'Empire of the Sun' is my favourite movie and I enjoy listening to 'History Never Repeats' by Split Enz.

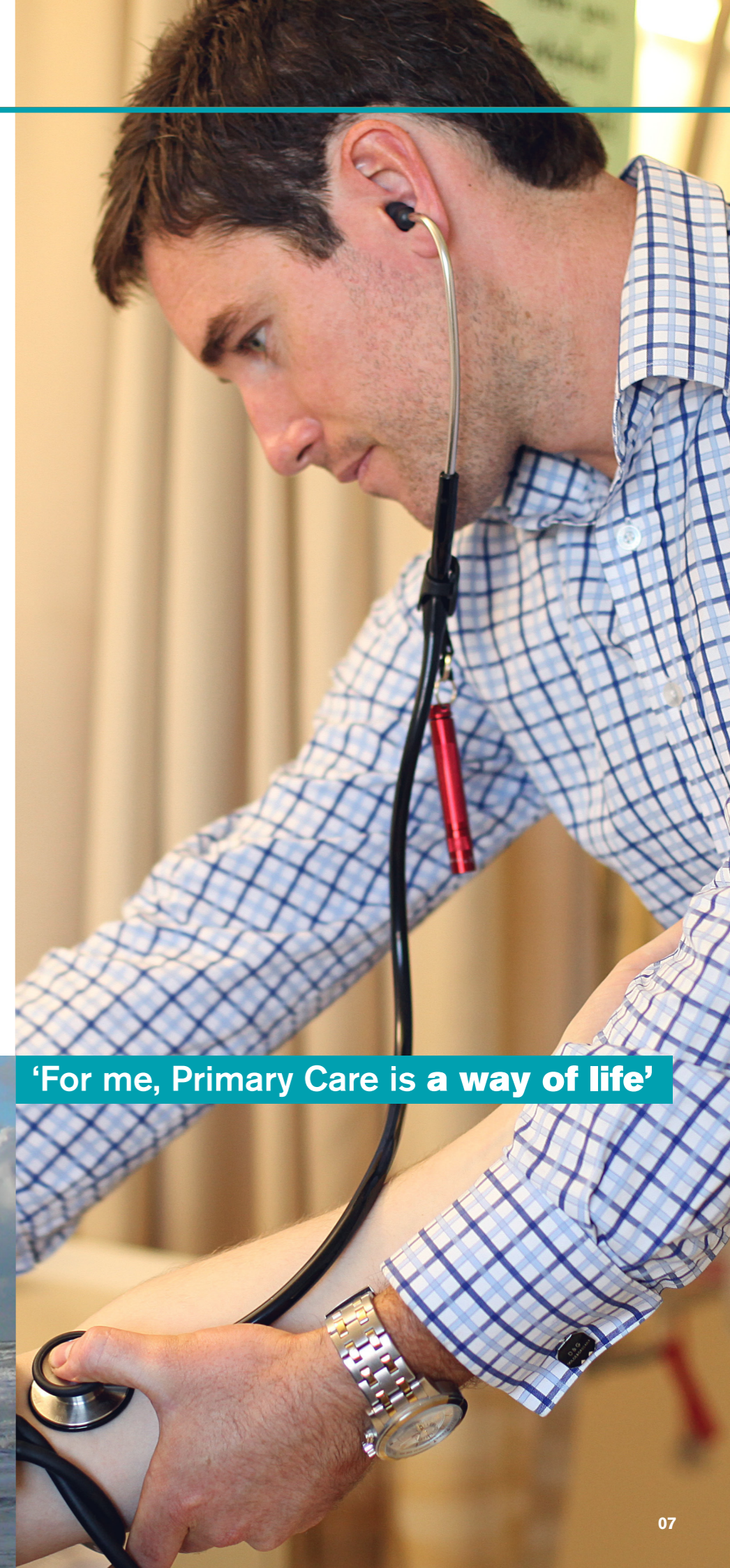
**ULTIMATE HOLIDAY** Two weeks on the New Zealand coast surfing every day.

**IF I WASN'T A DOCTOR I WOULD BE...** a marine biologist.

**GREATEST INFLUENCE** I had many good GP experiences early on.

My medical family has positively influenced me, as did one of my first GP Supervisors in third or fourth year. He was one of those people who genuinely loved their job. He was very enthusiastic and showed me that General Practice is interesting and makes a real difference in patient's lives.

Dr Chris Lloyd, who supervised me during my PGPPP also had a huge influence. I think positive early experiences can make such a difference to young doctors.



'For me, Primary Care is a way of life'

